

Child/Adolescent Psychiatry Screen (CAPS)

Child's Name: _____ Date of Birth : _____ Male _____ Female _____
 Form Completed By: _____ Relationship to Child: _____

For each item below, check the one category that best describes your child *during the past 6 months*.

None = the child never or very rarely exhibits this behavior. **Mild** = the child exhibits this behavior approximately once per week, and few others notice or complain about this behavior. **Moderate** = the child exhibits this behavior at least three times per week, and others notice or comment on this behavior. **Severe** = the child exhibits this behavior almost daily, and multiple others complain about this behavior. **Past** = the child used to have significant problems with this behavior, *but not during the past 6 months*.

| | None | Mild | Moderate | Severe | Past |
|--|-------|-------|----------|--------|-------|
| 1. Has difficulty separating from parents* (* = or major caregiver/guardian) | _____ | _____ | _____ | _____ | _____ |
| 2. Worries excessively about losing or harm occurring to parents* | _____ | _____ | _____ | _____ | _____ |
| 3. Worries about being separated from parent* (getting lost or kidnapped) | _____ | _____ | _____ | _____ | _____ |
| 4. Resists going to school or elsewhere because of fears of separation | _____ | _____ | _____ | _____ | _____ |
| 5. Resists being alone or without parents* | _____ | _____ | _____ | _____ | _____ |
| 6. Has difficulty going to sleep without parent nearby | _____ | _____ | _____ | _____ | _____ |
| 7. Physical complaints (headache, stomach ache, nausea) when anticipating separation | _____ | _____ | _____ | _____ | _____ |
| 8. Has discrete periods of intense fear that peak within 10 minutes | _____ | _____ | _____ | _____ | _____ |
| 9. Has excessive, unreasonable fear of a specific object or situation | _____ | _____ | _____ | _____ | _____ |
| 10. Has recurrent thoughts that cause marked distress (e.g., fears germs) | _____ | _____ | _____ | _____ | _____ |
| 11. Driven to perform repetitive behaviors (e.g., handwashing, doing things 3 times) | _____ | _____ | _____ | _____ | _____ |
| 12. Has recurrent, distressing recollections of past difficult or painful events | _____ | _____ | _____ | _____ | _____ |
| 13. Worries excessively about multiple things (e.g., school, family, health, etc.) | _____ | _____ | _____ | _____ | _____ |
| 14. Goes to the bathroom at inappropriate times or places | _____ | _____ | _____ | _____ | _____ |
| 15. Makes noises, and is often unaware of them | _____ | _____ | _____ | _____ | _____ |
| 16. Makes repetitive, sudden, nonrhythmic movements | _____ | _____ | _____ | _____ | _____ |
| 17. Fails to pay close attention to details or makes careless mistakes | _____ | _____ | _____ | _____ | _____ |
| 18. Has difficulty sustaining attention during play or school activities | _____ | _____ | _____ | _____ | _____ |
| 19. Does not seem to listen when spoken to directly | _____ | _____ | _____ | _____ | _____ |
| 20. Does not follow through on instructions; fails to finish schoolwork/chores | _____ | _____ | _____ | _____ | _____ |
| 21. Has difficulty organizing tasks and activities | _____ | _____ | _____ | _____ | _____ |
| 22. Loses things necessary for tasks or activities (toys, pencils, etc.) | _____ | _____ | _____ | _____ | _____ |
| 23. Is easily distracted easily by irrelevant stimuli | _____ | _____ | _____ | _____ | _____ |
| 24. Is forgetful in daily activities | _____ | _____ | _____ | _____ | _____ |
| 25. Is fidgety or squirms in seat | _____ | _____ | _____ | _____ | _____ |
| 26. Has difficulty remaining seated | _____ | _____ | _____ | _____ | _____ |
| 27. Runs or climbs excessively; is restless | _____ | _____ | _____ | _____ | _____ |
| 28. Talks excessively | _____ | _____ | _____ | _____ | _____ |
| 29. Blurts out answers before questions have been completed | _____ | _____ | _____ | _____ | _____ |
| 30. Has difficulty waiting turn | _____ | _____ | _____ | _____ | _____ |
| 31. Interrupts or intrude on others | _____ | _____ | _____ | _____ | _____ |
| 32. Episodes of unusually elevated or irritable mood | _____ | _____ | _____ | _____ | _____ |
| 33. During this episode, grandiosity or markedly inflated self-esteem (Superhero) | _____ | _____ | _____ | _____ | _____ |
| 34. During this episode, is more talkative than usual/seems pressured to keep talking | _____ | _____ | _____ | _____ | _____ |
| 35. During this episode, races from thought to thought | _____ | _____ | _____ | _____ | _____ |
| 36. During this episode, is very distractible | _____ | _____ | _____ | _____ | _____ |
| 37. During this episode, excessively involved in things (too religious, hypersexual) | _____ | _____ | _____ | _____ | _____ |
| 38. During this episode, dangerous involvement in pleasurable activity (spending, sex) | _____ | _____ | _____ | _____ | _____ |
| 39. Depressed or irritable mood most of the day, most days for at least 1 week | _____ | _____ | _____ | _____ | _____ |
| 40. Loss of interest in previously enjoyable activities | _____ | _____ | _____ | _____ | _____ |
| 41. Notable change in appetite (not when dieting or trying to gain weight) | _____ | _____ | _____ | _____ | _____ |
| 42. Difficulty falling or staying asleep, or sleeping excessively through the day | _____ | _____ | _____ | _____ | _____ |

Child/Adolescent Psychiatry Screen (CAPS) - continued

| | None | Mild | Moderate | Severe | Past |
|--|-------|-------|----------|--------|-------|
| 43. Others notice child is sluggish or agitated most of the time | _____ | _____ | _____ | _____ | _____ |
| 44. Loss of energy nearly every day | _____ | _____ | _____ | _____ | _____ |
| 45. Feelings of worthlessness or inappropriate guilt nearly every day | _____ | _____ | _____ | _____ | _____ |
| 46. Thinks about dying or wouldn't care if died | _____ | _____ | _____ | _____ | _____ |
| 47. Smokes cigarettes, drinks alcohol, OR abuses drugs (Circle all that apply) | _____ | _____ | _____ | _____ | _____ |
| 48. Has bad things happen when under the influence of substances | _____ | _____ | _____ | _____ | _____ |
| 49. Has made unsuccessful efforts to stop using a substance | _____ | _____ | _____ | _____ | _____ |
| 50. Is excessively worried about gaining weight, even though underweight | _____ | _____ | _____ | _____ | _____ |
| 51. If female, has stopped having menstrual cycles (after regularly having) | _____ | _____ | _____ | _____ | _____ |
| 52. Thinks he/she is fat, even though not overweight (pulls skin and claims is fat, etc.) | _____ | _____ | _____ | _____ | _____ |
| 53. Engages in bingeing and purging (eats excessively, then vomits or uses laxatives) | _____ | _____ | _____ | _____ | _____ |
| 54. Bullies, threatens, or intimidates others | _____ | _____ | _____ | _____ | _____ |
| 55. Initiates physical fights | _____ | _____ | _____ | _____ | _____ |
| 56. Uses weapons that could harm others | _____ | _____ | _____ | _____ | _____ |
| 57. Has been physically cruel to animals | _____ | _____ | _____ | _____ | _____ |
| 58. Has shoplifted or stolen items | _____ | _____ | _____ | _____ | _____ |
| 59. Has deliberately set fires | _____ | _____ | _____ | _____ | _____ |
| 60. Has deliberately destroyed others' property | _____ | _____ | _____ | _____ | _____ |
| 61. Lies to obtain goods or to avoid obligations | _____ | _____ | _____ | _____ | _____ |
| 62. Stays out at night despite parental prohibitions | _____ | _____ | _____ | _____ | _____ |
| 63. Has run away from home overnight on at least two occasions | _____ | _____ | _____ | _____ | _____ |
| 64. Is truant from school | _____ | _____ | _____ | _____ | _____ |
| 65. Loses temper | _____ | _____ | _____ | _____ | _____ |
| 66. Actively defies or refuses to comply with adult rules | _____ | _____ | _____ | _____ | _____ |
| 67. Deliberately annoys others | _____ | _____ | _____ | _____ | _____ |
| 68. Blames others for his/her mistakes or misbehavior | _____ | _____ | _____ | _____ | _____ |
| 69. Easily annoyed by others | _____ | _____ | _____ | _____ | _____ |
| 70. Is spiteful or vindictive | _____ | _____ | _____ | _____ | _____ |
| 71. Has unusual thoughts that others cannot understand or believe | _____ | _____ | _____ | _____ | _____ |
| 72. Hears voices speaking to him/her that others don't hear | _____ | _____ | _____ | _____ | _____ |
| 73. Does poorly at sports or games requiring physical coordination skills | _____ | _____ | _____ | _____ | _____ |
| 74. Has difficulty at school with: reading, writing, math, spelling (Circle all that apply) | _____ | _____ | _____ | _____ | _____ |
| 75. Had delayed speech or has limited language now | _____ | _____ | _____ | _____ | _____ |
| 76. Avoids eye contact during conversations | _____ | _____ | _____ | _____ | _____ |
| 77. Does not follow when others point to objects | _____ | _____ | _____ | _____ | _____ |
| 78. Shows little interest in others; emotionally out of sync with others | _____ | _____ | _____ | _____ | _____ |
| 79. Difficulty starting, stopping conversation; continues talking after others lose interest | _____ | _____ | _____ | _____ | _____ |
| 80. Uses unusual phrases, possibly over and over (speaks Disney or movie lines) | _____ | _____ | _____ | _____ | _____ |
| 81. Does not engage in make-believe play; plays more alone than with others | _____ | _____ | _____ | _____ | _____ |
| 82. Unusual preoccupations with objects or unusual routines (lines up 100's of cars, etc.) | _____ | _____ | _____ | _____ | _____ |
| 83. Difficulty with transitions; may be inflexible about adhering to routines or rules | _____ | _____ | _____ | _____ | _____ |
| 84. Shows unusual physical mannerisms (hand-flapping, shrieks, objects in mouth, etc.) | _____ | _____ | _____ | _____ | _____ |
| 85. Unusual preoccupations (schedules, own alphabet, weather reports, etc.) | _____ | _____ | _____ | _____ | _____ |

Thank you for answering each of these items. Please list any other symptoms that concern you:
